



Get more with UCare's MSHO

Thank you for ordering your free Minnesota Senior Health Options (MSHO) (HMO D-SNP) information kit. UCare's MSHO combines your Medicare and Medicaid (Medical Assistance) medical and prescription drug services. It's an all-in-one health plan that also gives you UCare's added benefits and services such as:

- **Expanded dental coverage**, including two crowns per year, one crown repair per year and help scheduling appointments
- **Over-the-counter (OTC) allowance** to buy eligible health items at participating stores. You can use it to buy items like cough drops, first aid supplies, toothpaste and much more!
- **Therapeutic massage visits** covered six times per year for members with chronic pain*
- **\$40 monthly utility allowance** to help pay your utility bills*
- **One Pass fitness program** with access to participating fitness locations nationwide, three round trip rides per week to qualifying health and wellness locations, online classes, at home fitness kits, brain training, no-cost social events, activities and more
- **Keep Your Coverage team of specialists** that guide you through the Medicaid renewal process so you can avoid gaps in care and services



In this kit

This kit explains the advantages of UCare's MSHO. It also includes:

- A partially filled-out enrollment form for you to complete
- Information on ways to enroll
- A Primary Care Clinic Listing so you can review primary care clinic choices
- UCare's MSHO Pre-enrollment Checklist (included on the enrollment form)
- UCare's MSHO Summary of Benefits that describes your benefits and services
- UCare's MSHO 2024 Medicare Star Ratings

To get a complete list of services we cover, call us and ask for a copy of the UCare's MSHO Member Handbook or visit our website ucare.org/member-documents.

*For qualifying members. Call for more information.



3 easy ways to **enroll** in UCare's MSHO



Mail

Complete and mail the enclosed enrollment form.



Online

Complete and submit the online enrollment form.
Visit ucare.org/enrollmsho.



Call

Talk with a licensed UCare agent who can answer your questions and help you enroll over the phone.

1-800-707-1711 (TTY 1-800-688-2534)

8 am – 5 pm, Monday – Friday

Have questions?

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ucare.org/getmsho



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UCare's Minnesota Senior Health Options (MSHO) (HMO D-SNP) is a health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in UCare's MSHO depends on contract renewal.

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U9712 (08/2023)