2023 UCare Medical Services Requiring Authorization

For the following UCare Plans:

- UCare’s MSHO (Minnesota Senior Health Options)
- UCare Connect (Special Needs BasicCare)
- PMAP (Prepaid Medical Assistance Program)
- UCare Medicare (Medicare Advantage)
- EssentiaCare (Medicare Advantage)
- MSC+ (Minnesota Senior Care Plus)
- UCare Connect + Medicare
- MnCare (MinnesotaCare)
- UCare Your Choice (Medicare Advantage)
- UCare Medicare with M Health Fairview & North Memorial (Medicare Advantage)

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Acupuncture
- Chiropractic Care
- Dental Care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require Authorization or Notification:

- Acupuncture
- Acute Inpatient Rehabilitation
- Back (Spine) Surgery
- Bariatric Surgery (Gastric Bypass)
- Bone Growth Stimulator
- Cosmetic or Reconstructive Procedures
- Cranial Nerve Stimulation
- Durable Medical Equipment – RENTAL
- Durable Medical Equipment – PURCHASE
- Genetic Testing for Cancer
- Home Health Care (SNV, HHA)
- Home Care Nursing (formerly Private Duty Nursing)
- Inpatient Hospital, Acute
- Long-Term Acute Care Hospital (LTAC)
- Nursing Facility Admission (Custodial)
- Personal Care Assistant (PCA)
- Private Duty Nursing (see Home Care Nursing)
- Proton Beam Therapy
- Skilled Nursing Facility & Swing Bed
- Spinal Cord Stimulator
- Transplant
- Vein Procedures
- Wheelchair & Accessories – RENTAL
- Wheelchair & Accessories – PURCHASE
- Wound VAC

1 UCare’s MSHO, MSC+, UCare Connect, UCare Connect + Medicare, PMAP and MnCare only
2 UCare Connect and UCare Connect + Medicare only
3 UCare’s MSHO and MSC+ only
4 UCare Connect, UCare Connect + Medicare, UCare’s MSHO and MSC+ only
For the following UCare Plans:

- UCare Individual & Family Plans
- UCare Individual & Family Plans with M Health Fairview & North Memorial

UCare works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Chiropractic Care
- Dental Care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require Authorization or Notification:

- Acute Inpatient Rehabilitation
- Back (Spine) Surgery
- Bone Growth Stimulator
- Cosmetic or Reconstructive Procedures
- Cranial Nerve Stimulation
- Durable Medical Equipment – RENTAL
- Durable Medical Equipment – PURCHASE
- Genetic Testing for Cancer
- Inpatient Medical/Surgical Admission
- Long-Term Acute Care Hospital (LTAC)
- Proton Beam Therapy
- Skilled Nursing Facility & Swing Bed
- Spinal Cord Stimulator
- Transplant
- Vein Procedures
- Wheelchair & Accessories – RENTAL
- Wheelchair & Accessories – PURCHASE
2023 UCARE MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES
REQUIRING AUTHORIZATION

For the following UCare Plans:

- UCare’s MSHO (Minnesota Senior Health Options)
- UCare Connect (Special Needs BasicCare)
- PMAP (Prepaid Medical Assistance Program)
- MSC+ (Minnesota Senior Care Plus)
- UCare Connect + Medicare
- MnCare (MinnesotaCare)

The following Mental Health and Substance Use Disorder services require Authorization or Notification:

- Adult Rehabilitative Mental Health Services (ARMHS)
- Children’s Residential Treatment
- Adult Residential Crisis Stabilization Services
- Early Intensive Developmental and Behavioral Intervention (EIDBI)
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Intensive Outpatient Dialectical Behavior Therapy (DBT)
- Intensive Residential Treatment Services (IRTS)
- Mental Health Service Plan Development by Non-physician OR Treatment Plan Development and Review
- Psychiatric Residential Treatment Facilities (PRTF)
- Substance Use Disorder Residential Treatment
- Transcranial Magnetic Stimulation
2023 UCARE MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES REQUIRING AUTHORIZATION

For the following UCare Plans:

- UCare Medicare (Medicare Advantage)
- UCare Medicare with M Health Fairview & North Memorial (Medicare Advantage)
- EssentiaCare (Medicare Advantage)
- UCare Your Choice (Medicare Advantage)
- UCare Advocate Institutional Special Needs Plan (ISNP)

The following Mental Health and Substance Use Disorder services require Authorization or Notification:

- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Transcranial Magnetic Stimulation
2023 UCare Mental Health and Substance Use Disorder Services
Requiring Authorization

For the following UCare Plans:

- UCare Individual & Family Plans
- UCare Individual & Family Plans with M Health Fairview & North Memorial

The following Mental Health and Substance Use Disorder services require Authorization or Notification:

- Children’s Residential Treatment
- Adult Residential Crisis Stabilization Services
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Intensive Outpatient Dialectical Behavior Therapy (DBT)
- Residential Treatment Services
- Substance Use Disorder Residential Treatment
- Transcranial Magnetic Stimulation

UCare’s MSHO (HMO D-SNP) is a health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in UCare’s MSHO depends on contract renewal.

Toll Free 1-800-203-7225, TTY 1-800-688-2534

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