

Earn a \$30 reward

Annual urine protein test

Complete a urine protein test and earn a \$30 reward

Early detection matters. A urine protein test detects abnormal levels of protein in the urine and should be performed yearly to check your kidneys for any signs of damage. An annual urine protein test is recommended even if your diabetes is being managed by eating healthy foods, living an active lifestyle and taking any medicines as prescribed by your doctor.

Find out what other rewards you may be eligible for — sign in or create an online member account at member.ucare.org. Once you're signed in, go to *Health & Wellness*, then *Wellness, Rewards & Allowance*. For more information, call the customer service number on the back of your EssentiaCare member ID card.

Terms and conditions

- Limit one reward per program, per calendar year, for eligible EssentiaCare members with diabetes
- Member must be enrolled in an eligible EssentiaCare plan at the time of the exam, test or screening and at the time of redemption
- Date of service must be completed during the plan year listed on the voucher and mailed back to EssentiaCare within the plan year
- Members must have provider complete and sign the voucher prior to returning it
- Incomplete or ineligible vouchers will be denied, and you will be notified by mail
- Reward dollars will be loaded on your Healthy Benefits+ Visa® card. If you have not received a card, one will be mailed to you.
- Reward dollars on your Healthy Benefits+ Visa card will expire upon plan termination
- Rewards are subject to change. EssentiaCare reserves the right to deny rewards for any reason

Statement of Nondiscrimination

EssentiaCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).

\$30 reward

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Please use black ink. All fields required.

To be completed by member:

EssentiaCare member ID number _____ Member date of birth _____

Member name _____

Mailing address _____

City, state, zip _____

To be completed by doctor/clinic staff:

Urine Albumin/Creatinine Ratio Lab Test documented and reported as CPT 82043/82570 in patient medical record? Yes No

Diabetic condition documented in patient record? Yes No

2024 date of urine protein test _____

Clinic name _____

Clinic phone _____

Doctor/clinic staff signature _____

Allow 4 – 6 weeks for reward delivery. Eligible screenings must be completed in 2024.

Mail to:

ATTN HEALTH PROMOTION

UCARE ESSENTIACARE

PO BOX 52

MINNEAPOLIS, MN 55440-9682

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