

**EssentiaCare**  
Essentia Health + UCare

Earn a \$30 reward



## Blood glucose (A1C) test

### Complete an A1C test and earn a \$30 reward

In addition to scheduling your A1C test, follow these tips to help manage your diabetes:

- Take your diabetes medication as instructed by your doctor
- Control your blood pressure, cholesterol and blood glucose levels
- Have your annual dilated or retinal eye exam, blood glucose (A1C) and urine protein tests. These tests help your doctor detect and treat any signs of damage to your heart, blood vessels, nervous system or kidneys

#### Terms and conditions

- Limit one reward per program, per calendar year for eligible EssentiaCare members with diabetes.
- Member must be enrolled in an EssentiaCare plan at the time of the exam, test or screening and at the time of redemption.
- Date of service must be completed during the year listed on the voucher.
- Members must have provider complete and sign the voucher prior to returning it to EssentiaCare.
- Incomplete or ineligible vouchers will be denied, and you will be notified by mail.
- Reward dollars will be loaded on your EssentiaCare Rewards Benefit Mastercard. If you have not received an EssentiaCare Rewards Benefit Mastercard, one will be mailed to you.
- Reward dollars on your Mastercard will expire 30 days after plan termination.
- Rewards subject to change. EssentiaCare reserves the right to deny rewards for any reason.

Find out what other rewards you may be eligible for by creating an account on [member.ucare.org](https://member.ucare.org). Click on Health & Wellness and go to Wellness, Rewards & Allowance. **Questions?** Call the customer service number on the back of your EssentiaCare member ID card.

# \$30 reward

## Annual diabetes blood glucose (A1C) test

Please use black ink. All fields required.

### To be completed by member:

EssentiaCare member ID number \_\_\_\_\_ Member date of birth \_\_\_\_\_

Member name \_\_\_\_\_

### Please tell us where to send the reward:

Mailing name \_\_\_\_\_ Phone \_\_\_\_\_

Mailing address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

### To be completed by doctor/clinic staff:

Blood glucose (A1C) test documented in the patient record?  Yes  No

Diabetic condition documented in the patient record?  Yes  No

2023 date of A1C test \_\_\_\_\_

Clinic name \_\_\_\_\_

Clinic phone \_\_\_\_\_

Doctor/clinic staff signature \_\_\_\_\_

Allow 4 – 6 weeks for reward delivery. Eligible screenings must be completed in 2023.

Mail to:

ATTN HEALTH PROMOTION

UCARE ESSENTIACARE

PO BOX 52

MINNEAPOLIS, MN 55440-9682

Y0120\_8783\_9505\_122022\_C

U9505 (12/2022)

**EssentiaCare**  
Essentia Health + UCare

### **Statement of Nondiscrimination**

UCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 612-676-3200/1-800-203-7225 (TTY 612-676-6810/1-800-688-2534).