

Provider Bulletin

News and Information



Oct. 2, 2023

UCare Individual and Family Plans 2024 Plan Year Benefit Expansion: Addition of Doula Services

Starting Jan. 1, 2024, UCare will add coverage for doula services to UCare Individual & Family Plans (IFP) and UCare Individual & Family Plans with M Health Fairview. UCare strives to support the best birth and infant health outcomes to improve health equity.

What benefits will be available to UCare IFP members?

- The plan will cover seven doula sessions per member, per birth.
 - One session must be for labor and delivery.
 - The remaining six sessions can be used antepartum or postpartum, based on member preference.
- Doula services must be provided by a certified doula; supervised by either a physician, nurse practitioner or certified nurse midwife; and registered with the Minnesota Department of Health (MDH).

Note: UCare IFP covers doula services only when billed through a supervising provider's national provider identifier (NPI). No prior authorization is required.

If members ask about doula services, they can reference their 2024 member contract or the annual member guide. Find additional details regarding UCare's maternity benefits within the Maternity Services [Coverage Policy](#).