

Provider Bulletin



News and Information

April 26, 2021

Authorization and Notification Requirements Update: Outpatient Substance Use Disorder Services

Effective immediately, UCare will return to approving notifications for up to six months of services for outpatient substance use disorder (SUD) services for individual/group (H2035 or H2035HQ).

During the 2020 process change of approving outpatient SUD treatment for three months, UCare closely examined the utilization of outpatient SUD services for members. We saw significant progress being made by SUD reform and supports treating SUD as a chronic condition. UCare also encourages the appropriate use of treatment coordination and use of peer recovery support specialists. There are no authorization or notification requirements for peer support or treatment coordination services.

If a member requires services longer than six months or greater than the number of approved units, providers should resubmit a notification including any updated progress notes for ongoing services. The Notification of Substance Use Disorders (SUD) Outpatient form is available on [UCare's provider website](#). Both the member and provider will receive a confirmation or notification letter from UCare outlining the dates of services.

A notification requirement does not limit or delay the member's ability to begin services and provider's ability to render services. Notification or prior authorization of services does not guarantee payment. Providers should also verify a member's eligibility and benefits before providing services.

For questions, please contact the Mental Health and Substance Use Disorder Triage Line at 612-676-6533 or toll-free at 1-833-276-1185.