

UCare Modifies Authorization Requirements for Children’s Therapeutic Services and Support Thresholds, Substance Use Disorder Inpatient Admission and Residential Treatment Services

As you may have noticed, UCare has updated its authorization requirements for Children’s Therapeutic Services and Support (CTSS) thresholds and Substance Use Disorder (SUD) inpatient admission and residential treatment services to align with Minnesota Department of Human Services (DHS) changes.

On May 1, 2019, UCare modified CTSS thresholds to align with the DHS unit conversion changes to H0031 and H0032. UCare also updated CTSS service limits to match with the new DHS service limits. A new threshold of 200 hours per calendar year was effective May 1, 2019, for any combination of H2014, H2015, H2019, H0031 and H0032.

These new unit counters are now effective with dates of service provided on or after May 1, 2019. Services provided prior to May 1, 2019, remain under the original 300 hours combined threshold that was established in early 2019.

Effective Sept. 25, 2019, SUD inpatient admissions and residential treatment was changed to require notification within 24 hours of admission/intake. These services previously required prior authorization before admission. Please continue to submit notifications to UCare Behavioral Health Services and include the Rule 25 Assessment, Comprehensive Assessment and/or Placement Summary.

Due to periodic changes to Behavioral Health authorization requirements, we encourage providers to review the [authorization and notification grids](#) regularly.