

# 2023 Plan Highlights

## Minnesota Senior Health Options and UCare Connect + Medicare



UCare offers two combined Medicare and Medical Assistance/Medicaid products.

UCare product	Eligibility	Service area (MN counties)	Network
Minnesota Senior Health Options (MSHO) (HMO D-SNP)	<ul style="list-style-type: none"> <li>Adults age 65 and older</li> <li>Must live in the service area</li> <li>Eligible for Medical Assistance and must be enrolled in Medicare Parts A and B</li> </ul>	Aitkin, Anoka, Becker, Benton, Blue Earth, Carlton, Carver, Cass, Chippewa, Chisago, Clay, Cook, Cottonwood, Crow Wing, Dakota, Dodge, Faribault, Fillmore, Freeborn, Hennepin, Houston, Isanti, Jackson, Kandiyohi, Kittson, Koochiching, Lac qui Parle, Lake, Lake of the Woods, Le Sueur, Lincoln, Lyon, Mahnommen, Marshall, Martin, Mille Lacs, Morrison, Mower, Murray, Nicollet, Nobles, Norman, Olmsted, Otter Tail, Pennington, Pine, Polk, Ramsey, Red Lake, Redwood, Rice, Rock, Roseau, Scott, Sherburne, St. Louis, Stearns, Swift, Todd, Wabasha, Wadena, Washington, Watonwan, Winona, Wright and Yellow Medicine	All UCare network providers
UCare Connect + Medicare (HMO D-SNP)	<ul style="list-style-type: none"> <li>Individuals age 18-64</li> <li>Must live in the service area</li> <li>Have a certified disability through the Social Security Administration or the State Medical Review Team or through the Developmental Disability Waiver</li> <li>Eligible for Medical Assistance and must be enrolled in Medicare Parts A and B</li> </ul>	Aitkin, Anoka, Becker, Benton, Blue Earth, Carlton, Carver, Cass, Chippewa, Chisago, Clay, Cook, Cottonwood, Crow Wing, Dakota, Faribault, Fillmore, Freeborn, Hennepin, Houston, Isanti, Itasca, Jackson, Kanabec, Kandiyohi, Kittson, Koochiching, Lac qui Parle, Lake, Lake of the Woods, Le Sueur, Lincoln, Lyon, Mahnommen, Marshall, Martin, Mille Lacs, Morrison, Mower, Murray, Nicollet, Nobles, Norman, Olmsted, Otter Tail, Pennington, Pine, Polk, Ramsey, Red Lake, Redwood, Rice, Rock, Roseau, Scott, Sherburne, St. Louis, Stearns, Swift, Todd, Wadena, Washington, Watonwan, Wilkin, Winona, Wright and Yellow Medicine	All UCare network providers

UCare’s MSHO and UCare Connect + Medicare plans offer integrated Medical Assistance and Medicare Parts A, B and D benefits with no premiums and minimal cost sharing for Part D drugs. These plans also offer care coordination and additional benefits like the One Pass™ fitness program.

### Resources and contacts for providers

#### Provider Assistance Center

Call 612-676-3300 or 1-888-531-1493 toll-free, 8 am-5 pm, Monday through Friday.

#### [UCare.org/providers](https://ucare.org/providers)

Find information and resources related to authorizations, claims and billing, policies and resources, training and education, our network, credentialing and the Provider Manual. Log in to the provider portal to look up member eligibility, claims, EOPs and authorization status.

#### Sign up for email updates

Join our email list at [UCare.org/providers](https://ucare.org/providers) to receive UCare’s provider newsletters, bulletins and alerts.

For additional details, see back for overview of benefits and cost share information. Full details are available at [ucare.org/member-documents](https://ucare.org/member-documents).

In-Network Service	UCare's MSHO	UCare Connect + Medicare
Primary care visits	\$0 copay	
Specialist office visits	\$0 copay	
Care coordination	\$0 copay	
Inpatient hospital care	\$0 copay	
Emergency care/Urgent care	\$0 copay/\$0 copay	
Mental Health and Substance Use Disorder Services	\$0 copay	
Medicare Part D prescription drug coverage *Copays vary depending on Low Income Subsidy level	Tier 1 Generic drugs* - \$0/\$1.45/\$4.15 copay for 30 day supply Tier 1 Brand name drugs* - \$0/\$4.30/\$10.35 copay for 30 day supply	
Home Health & Safety Supports	\$0 for home health care services; \$0 copay for: Individualized Home Supports with training for members on Elderly Waiver; \$0 copay for Papa Pals in-home companion/assistance for members with hypertension, diabetes and congestive heart failure and ischemic heart disease. \$750 home and bath safety allowance, activity tracker/smart watch	\$0 copay for home health care services
Preventive care rewards	Lab tests such as blood work (blood glucose, A1c, dilated or retinal exam, annual urine protein test), screening tests (i.e., cancer screening), smoking and tobacco cessation, wellness visits and dental care	Lab tests such as blood work, screening tests (i.e., cancer screening), smoking and tobacco cessation, prenatal/postpartum visits, child and teen checkups, annual wellness visits and dental care
Readmission prevention	\$0 copay for post-discharge meals (non-EW) up to two meals/day for up to four weeks \$0 copay for post-discharge medication reconciliation provided by a pharmacist after discharge from inpatient facility	\$0 copay for post-discharge medication reconciliation provided by a pharmacist after discharge from inpatient facility
Supplemental coverage	\$0 copay for routine foot care, \$60/month nutritional food allowance at Healthy Savings stores, 13 weeks access to WW weight management workshops, caregiver training/support and respite care, Juniper evidence-based health education classes <i>Nutritional food allowance is for members with diabetes, CHF hypertension or ischemic heart disease. Memory kit and respite care are for members with dementia; caregiver training/ support is for members with dementia, cognitive impairment, Parkinson's, chronic renal failure, chronic kidney disease, stroke, primary organ/blood cancers</i>	\$0 copay for one routine foot care visit/month; \$30/month nutritional food allowance at Healthy Savings stores for members with hypertension, diabetes or lipid disorders; 13 weeks access to WW weight management and wellness workshop vouchers for local and virtual workshops and online apps and Connect to Wellness kits (sleep, stress reduction, fitness)
Dental coverage	\$0 copay, oral exam (one/year in addition to Medicaid coverage), one full mouth x-ray series/five years, one root canal/tooth/lifetime, periodontal maintenance (up to four visits/year), scaling/planning (one/two years in office), two crowns/year, one crown repair/year, one electric toothbrush every three years and two replacement heads/year, tissue conditioning for dentures once/year and more	\$0 copay, oral exam (one/year in addition to Medicaid coverage), one panoramic and one full mouth x-ray/year, one root canal and root canal retreatment/tooth/lifetime, Nitrous oxide twice/year for preventive or comprehensive visits, periodontal maintenance (up to four visits/year), scaling/planning (one/two years in office), two crowns/year, one crown repair/year, one electric toothbrush every three years and two replacement heads/year and more
Vision coverage	\$0 copay for routine or diagnostic eye exams \$0 copay eyeglasses with anti-glare lens coating and/or photochromatic lens tinting, progressive lenses available exclusively through Eye-Kraft	
Hearing services	\$0 copay screenings \$0 copay hearing aids	
Transportation services	\$0 copay to provider location, \$0 copay for ambulance or emergency transportation; up to one round trip ride/day to Alcoholics Anonymous and/or Narcotics Anonymous for members with substance use disorder; three rides/week to health club, education classes and WW (requires authorization)	\$0 copay to provider location or other health services, \$0 copay for ambulance or emergency transportation, three round trip rides/week to participating health club, one ride/day to AA/NA for members with substance use disorder