Health Coaching Disease Management Referral Form

Patient Information			
Patient Name	Date of Birth	UCare ID #	Product
Language Spoken: ☐ English ☐ Spanish ☐ Hmong ☐ Somali ☐ Russian ☐ Other _____ Interpreter Needed: ☐ Yes ☐ No		Phone number	

Provider Information			
Primary Care Provider	Primary Care Clinic	Phone number	

Choose Program
(For specifics – please refer to the DM Program Grid)

Health Coaching Eligibility:

Diabetes- Health Journey

- **Ages 18-75 years old**
- 2 or more diabetes ED/hospitalizations in the last 24 months
- Any UCare product
- Patients who would benefit from health coaching support

Heart Failure – Healthy Hearts Program

- **Ages 18-88 years old**
- Must have a diagnosis of heart failure
- Any UCare product, *except* MSHO and MSC+
- Less than 2 heart failure ED/hospitalizations in the last 15 months

**Refer to Medtronic's HF Telemonitoring Program if:

- Member is 89+ years old
- MSHO/MSC+ member
- 2 or more heart failure ED/hospitalizations in the last 15 months

Migraine Management Program

- **Ages 18-75 years old**
- 1 or more migraine related encounters in the last 12 months
- 1 or more pharmacy fill for migraine prescription in the last 12 months
- Connect, Connect+Medicare, MNCare, MSC+, and PMAP
- Patients who would benefit from health coaching support

Health Coaching Programs:

☐ Diabetes

☐ Heart Failure

☐ Migraine

Program Services: Telephonic health coaching based on readiness to change, Self-management tools, if indicated.

Is the member agreeable to participating in the indicated disease management program?
☐ Yes

Comments/Special Instructions

**Exclusions to Disease Management Programs

- Diagnosis of ESRD (End Stage Renal Disease)
- On Hospice care
- In Long Term Care Facility
- On Dialysis

Referral Source		
Referred by (name):	Phone	Do you want to be contacted regarding the status of this referral: ☐ Yes ☐ No

Please fax to UCare at: 612.884.2497