

Disease Management Eligible Products

Program	Description
Diabetes IVR/Text Program	<ul style="list-style-type: none"> Scheduled Interactive Voice Response or text message education IVR/text schedule: 1 call/text a week or 1 call/text every 30 days
Diabetes Health Coaching	<ul style="list-style-type: none"> Telephonic outreach with health coach Partner with member to discover barriers, vision for the future, establish behavior change goals, empower to achieve goals Average 1 call a month for 6 months FoodRx program eligibility (food box+ health coaching for PMAP/MNCare members in Metro area)
Heart Failure Health Coaching	<ul style="list-style-type: none"> Telephonic outreach with health coach Partner with member to discover barriers, vision for the future, establish behavior change goals, empower to achieve goals Average 1 call a month for 6 months FoodRx program eligibility (food box + health coaching for PMAP/MNCare members in Metro area)
Heart Failure Medtronic Telemonitoring	<ul style="list-style-type: none"> Daily monitoring assessing daily weight and HF symptoms via tablet provided by Medtronic Monthly RN calls
Asthma IVR/Text Program	<ul style="list-style-type: none"> Scheduled Interactive Voice Response or text message education IVR/text schedule: 1 call/text a week or 1 call/text every 30 days
Asthma Education Program	<ul style="list-style-type: none"> Telephonic outreach and education with asthma educator or respiratory therapist Assessment of self-monitoring, self-management, and medication adherence. Encouragement of Asthma Action Plan. Average 1 call a month for 6 months Children and adults ages 5-64
COPD Management Program	<ul style="list-style-type: none"> Telephonic outreach and education with respiratory therapist Assessment of self-monitoring, self-management, and medication adherence. Encouragement of COPD management plan. Average 1 call a month for 6 months
CKD Support Program	<ul style="list-style-type: none"> Telephonic outreach and education with a registered dietician Guidance, education, and support to help prevent or slow down the progression of CKD and make healthy food choices. Average 1 call a month for 6 months
Migraine Management Program	<ul style="list-style-type: none"> Telephonic outreach with a health coach Partner with member to discover barriers, vision for the future, establish behavior change goals, empower to achieve goals Average 1 call a month for 6 months
Brook Health Companion App	<ul style="list-style-type: none"> Mobile app for health with managing general wellness, diabetes, hypertension, and other chronic conditions In app coaching, medication, blood pressure or blood sugar check reminders To learn more and to download the app, visit ucare.org/brook

*All programs are Adults 18+ except noted with asthma programs

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	Connect	Connect + Medicare	Medicare – Fairview North Memorial	Medicare	MNCare	MSC+	MSHO	PMAP	UCare Fairview IFP	UCare IFP
Diabetes At-Risk IVR	X	X	X	X	X	X	X	X	X	X
Diabetes Health Coaching	X	X	X	X	X	X	X	X	X	X
Heart Failure Health Coaching	X	X	X	X	X			X	X	X
Heart Failure Medtronic Telemonitoring	X	X	X	X	X	X	X	X	X	X
Asthma IVR/Text Program	X	X			X			X	X	X
Asthma Education Program	X	X			X			X	X	X
COPD Program	X	X	X	X	X	X	X	X	X	X
CKD Program	X	X	X	X	X	X	X	X	X	X
Migraine Management	X	X			X	X		X		
Brook Health Companion App	X	X	X	X	X	X	X	X	X	X

Language Assistance Services: UCare provides translated documents and spoken language interpreting free of charge.