

Get health & wellness products



500 Stinson Boulevard
Minneapolis, MN 55413
Important Plan Information

<John Smith
Address Line 1
Address Line 2
Address Line 3>

Download the **Healthy Savings®** app today
for easy access to your benefits!



<<**\$75**>> semi-annual OTC allowance
and weekly Food Savings

Welcome

As a UCare Medicare member, you now have access to great benefits through the attached card including an Over-the-Counter (OTC) allowance and Food Savings. These benefits begin on 1/1/22 or when your UCare plan coverage begins. This welcome booklet gives you instructions on how to use your card. For more details on your benefits and to view your account balance, go to HealthySavings.com/UCare.

It's easy to get started

- 1** Whether you're a new or existing member, you must activate your new card attached to this letter to start using your benefits. Use the **17-digit account number** and **4-digit security code** on the back of your card when you activate. Simply call **1-833-832-7306 (TTY 711)**, go to **ActivateS3.com** or download and use the **Healthy Savings mobile app**.
- 2** Shop for approved OTC products in-store, on the website at HealthySavings.com/UCare or via phone using the enclosed catalog. Shop for Food Savings in-store.
- 3** Use your card to buy qualified products.

For complete program details, store locator and terms and conditions, go to HealthySavings.com/UCare or call **1-833-862-8276 (TTY 711)**.

What's in the packet?



This **welcome booklet** with your card attached gives you information to activate your card and how to use your OTC benefits and Food Savings.



The enclosed **catalog** gives you information on how to use your OTC allowance and includes a list of some of the most popular items you can buy.

OTC Benefit

Your Healthy Savings card provides you with a semi-annual allowance to spend on approved over-the-counter (OTC) products. Any unused allowance expires June 30th and December 31st, 2022.

How do I shop for approved over-the-counter products?

Use your card to buy qualified products in-store, online and by phone. Online and phone orders using your OTC benefit have a minimum purchase of \$35. For more details on how to shop, view the back cover of the enclosed catalog or visit HealthySavings.com/UCare.



In-store: Convenient in-store shopping is available at Walmart, Cub, CVS, Walgreens and other participating retailers. Just shop for qualified items and scan your card or mobile app at checkout.



Online: Go to HealthySavings.com/UCare. Once you are ready to buy you will be directed to Walmart.com to complete your order. Enter your 17-digit account number and 4-digit security code in the Gift Card field at checkout.



By phone: Look up the products you want online or in the catalog and call 1-833-862-8276 (TTY 711) to have it delivered to your home.

What over-the-counter products can I buy?

With your Healthy Savings card, you can buy thousands of approved OTC health items from the categories and brands listed below – multiple sizes and variations may be eligible. The enclosed catalog includes some of the most popular items you can purchase.

Allergy and Sinus

- 4Way
- Afrin
- Allegra
- Ayr
- Benadryl
- Claritin
- Equate
- Flonase
- Primatene
- Vicks
- Zyrtec

Bath Safety

- Clorox
- Drive
- Duck
- Equate
- Mainstays
- Waterpik

Braces, Supports and Heating Pads

- ACE
- Equate
- Futuro
- Mueller
- Sunbeam

Cold, Cough and Flu

- Advil
- Chloraseptic
- Coricidin
- Equate
- Luden's
- Mucinex
- Sudafed
- Theraflu
- Vicks

Diabetes OTC

- Dr. Scholl's
- Equate
- Gold Bond
- ReliOn

Digestive Health

- Alka-Seltzer
- Dramamine
- Dulcolax
- Equate
- Ex-Lax
- Fleet
- Gas-X
- Imodium
- Lactaid
- Metamucil
- MiraLAX
- Mylanta
- Nexium
- Peppid AC
- Pepto Bismol
- Phillips
- Preparation H
- Prilosec
- Senokot
- Tums

Eye and Ear Care

- Bausch & Lomb
- Clear Eyes
- Debrox
- Equate
- Lumify
- Opti-Free
- Pataday
- Refresh
- Systane
- Zaditor

Feminine Hygiene

- Equate
- Monistat
- Theraworx

First Aid

- ACE
- Aveeno
- Band-Aid
- Benadryl
- Caladryl
- Charmin
- Cortizone-10
- Cottonelle
- Dr. Teal's
- Equate
- Hello Bello
- Johnson & Johnson
- Licefreee Spray!
- Lotrimin
- Mederma
- Neosporin
- New-Skin
- Nexcare
- Q-tips
- ReliOn
- Wet Ones

Foot Care

- Compound W
- Dr. Scholl's
- Equate
- Gold Bond
- Kerasal
- Lamisil
- Lotrimin
- Magnilife
- Tinactin

Healthy Monitors and Medication Aids

- Braun
- Equate
- Mobi
- Omron
- Vicks

Incontinence

- Always Discreet
- Assurance
- Depend
- Equate
- Inspire
- Poise
- Tena

Oral Care

- Biotene
- Colgate
- Crest
- DenTek
- Equate
- Fixodent
- Orabrush
- Oral-B
- Phillips
- Plackers
- Polident
- Poligrip
- Sea-Bond
- Sensodyne
- TheraBreath
- Waterpik

Pain Relievers

- Advil
- Aleve
- Aspercreme
- Bayer
- BC
- Biofreeze
- Blue-Emu
- Equate
- Excedrin
- Icy Hot
- Midol
- Motrin
- Orajel
- Ready in Case
- Salonpa
- Theraworx
- ThermaCare
- Tiger Balm
- Tylenol
- Voltaren

Skin and Sun Care

- Abreva
- Aquaphor
- Banana Boat
- Biore
- Blistex
- Clean & Clear
- Coppertone
- Derma E
- Equate
- Eucerin
- Fruit of the Earth
- Gold Bond
- Neutrogena
- Off!
- Vaseline

Sleep and Snoring

- Breathe Right
- Equate
- Natrol
- Spring Valley
- Vicks

Smoking Cessation

- Equate

Vitamins and Supplements

- Bausch & Lomb
- Caltrate
- Centrum
- Citracal
- Emergen-C
- Equate
- Estroven
- Lipo-Flavonoid
- Nature Made
- Nature's Bounty
- Neuriva
- One A Day
- Osteo Bi-Flex
- Qunol
- Schiff
- Spring Valley
- Super Beta
- Viactiv
- Vitafusion

Weight Management

- Alli
- Diurex
- Ozeri
- Spring Valley

Food Savings

Your Healthy Savings card includes exclusive savings on healthier foods from brands you may know and love. Offers vary each week and can be viewed on the Healthy Savings mobile app. Food Savings are available in-store.

What can I buy with my Food Savings?

To view the list of weekly discounts, go to HealthySavings.com/UCare or the Healthy Savings mobile app and click on the Food Savings benefit box to see your qualified offers. You may select additional discounts located under the *Save More* button if you choose. You may also call Healthy Savings customer service at **1-833-862-8276 (TTY 711)** to hear a list of the select offers each week. There are a wide variety of items offered each week. Frequently discounted items may include:

- Beans
- Egg
- Meat/Seafood
- Vegetables
- Bread
- Fruit
- Rice
- Yogurt and many more....

How do I shop with my Grocery Discounts?

You can shop with your Grocery Discounts in-store. After selecting the approved items you would like to buy, scan your card at checkout to use your discount. For more details, go to HealthySavings.com/UCare.



In-store: You can shop with your Grocery Discounts at Walmart, Cub, Hy Vee and other participating stores. Use the store locator online to find a store near you.

Over-the-Counter benefits are administered by Solutran[®], LLC. All brands listed are trademarked by their respective manufacturers. Brands and item eligibility are subject to change.

Statement of Nondiscrimination

UCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 612-676-3200/1-800-203-7225 (TTY: 612-676-6810/1-800-688-2534).