

# Website Overview

# WebEx Training

# Agenda

Review UCare.org

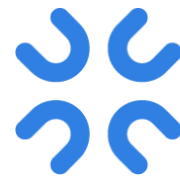
Review Search Network tool

- How to locate an in-network PCA agency

Care Managers page

Health & Wellness page

Health Plans page



## Find the right Medicare plan

Get access to the doctors you want. We have Medicare plans that include 96% of all Minnesota providers.

[Shop and compare plans](#)

### [shop health plans](#)

Explore our health plans.



### [search network](#)

Look for a provider or facility.



### [provider information](#)

Information for our health care providers and partners.



# Search Network



People Places Pharmacies Drug List

Can we help you find a doctor or other health care professional?

Pick your plan Search by name(Optional) Choose a location

Select a plan Search by name or specialties City, State Search

Note the People, Places, Pharmacies and Drug List tabs at the top

- The People tab is for searching or finding a specific doctor/provider by their name
- The Places tab is for searching or finding a specific location/clinic
- The Pharmacy tab is for searching or finding pharmacies
- The Drug List is for searching the formulary or covered drug list

# Search Network to Locate PCA Agency



People

Places

Pharmacies

Drug List

Filter The Results By:

[Clear Filters](#)

Filter

Specialty

Language

Distance(Optional)

Medical Group Affiliation (Optional)

Facility Type(Optional)

- Choose the Places tab
- Pick the member's plan
- Enter the member's city and select the city from the drop down
- Select Search
- On the left hand side you will see Filter options
  - Under "Facility type" select Personal Care Attendant Services then select the Filter button



# Care Managers

- Care Coordination Contact List
  - Used when you are trying to reach another UCare delegate and/or send transfer paperwork to another UCare delegate
- Clinical Liaison email address
  - Used to reach the UCare Clinical Liaisons who can answer care coordination questions
- UCare Clinical Phone List
  - A list of contact information for various departments within UCare.

**Care Management**

Care Management Resources For

Please select

Select Plan

**Contacts**

**UCare Clinical Liaisons**

[Care Coordination Contact List](#) Revised 12.8.2021

Email: [clinicliaison@ucare.org](mailto:clinicliaison@ucare.org)

[UCare Clinical Phone List](#) Revised 1.1.2021



# Health & Wellness



## Health and Wellness

Your health is important to us. That's why UCare has many programs and services to help our members lead a healthy lifestyle.

### Fitness and Wellness

Stay fit, active and healthy with energizing options.

[Learn more](#) →

### Food and Nutrition Resources

Find resources and ideas for planning and preparing healthy foods — food assistance, meal planning and recipes and more.

[Learn more](#) →

### Health Management

Learn more about our tools and resources to help you take an active role in managing health conditions like blood pressure, diabetes, obesity and mental health and substance use disorders, and programs to help you get the most out of your medicines and improve your well-being.

[Learn more](#) →

### Pregnancy, Children and Teens

Learn what to expect through your pregnancy and childbirth, and keeping your children healthy through their teens.

[Learn more](#) →

## Rewards and Incentives

Earn gift cards and rewards when you take important steps to stay healthy.

[Learn more](#) →

## Newsletters and Nurse Services

Get the latest member newsletters and access advice services.

[Learn more](#) →

## UCare Member Perks

Find services and items to support health living with extra discounts for UCare members.

[Learn more](#) →

### Download the Brook Health Companion app

Get help managing your diabetes and/or blood pressure from your phone with Brook. Available at no cost to you, this app lets you chat with dietitians and health experts for support whenever you need it. To get the Brook Health Companion app, text "Brook" to 41411 and tap the download link.

[Learn more](#) →

# Health Plan Information



## 2022 Plan Documents and Information

To find your member documents, select your plan below.

To request a hard copy mailed to you, send us a message through your account in the [Member Account](#) or call [Customer Service](#).

Use this [form to notify UCare](#) of your gender if it is different than the sex you were assigned at birth. This will help process your health care claims appropriately.

[Get Engaged](#) - Learn about our ambassador, advocacy and feedback programs for members.

[Member Newsletters](#) - Catch up on the latest information and tips to help you stay healthy.

[2021 Plan Documents](#) →

Jump to your 2022 plans:

[UCare Medicare](#) →

[EssentiaCare](#) →

[UCare Medicare with M Health Fairview & North Memorial](#) →

[UCare Advocate ISNP](#) →

[UCare Medicare Group](#) →

[Medicaid + Medicare](#) →

[Minnesota Health Care Programs](#) →

[UCare Individual & Family Plans](#) →

[UCare Individual & Family Plans with M Health Fairview](#) →





Please reach out to the Clinical Liaisons at [clinicallyliaison@ucare.org](mailto:clinicallyliaison@ucare.org) if you have questions about using the UCare website.