

## DME

### COMPRESSION STOCKINGS & WRAPS

Policy Number: CP-IFP21-014A

Effective Date: December 1, 2021

Compression garments are a tight-fitting, elastic garment, such as a sleeve or stocking. Compression garments are used in the treatment of lymphedema (swelling caused by a buildup of lymph fluid in tissue) and are also used to improve blood flow in an extremity.

- *Compression stockings are the most common mode of compression therapy.*
- *Compression wraps or bandages are also common options.*

#### DISCLAIMER

*Coverage Policies are developed to assist in identifying coverage for UCare benefits under UCare’s health plans. They are intended to serve only as a general reference regarding UCare’s administration of health benefits and are not intended to address all issues related to coverage for health services provided to UCare members.*

*These services may or may not be covered by all UCare products (refer to product section of individual coverage policy for product-specific detail). Providers are encouraged to have their UCare patient refer to their UCare plan documents (Evidence of Coverage/Member Handbook/Member Contract) for specific coverage information. If there is a conflict between a coverage policy and the UCare plan documents, the Ucare plan documents prevail.*

*Coverage Policies do not constitute medical advice. Providers are responsible for submission of accurate and compliant claims.*

#### PRODUCT SUMMARY

This coverage policy applies to the following UCare products:

UCARE PRODUCT	APPLIES TO
Individual and Family Plans (IFP), IFP with M Health Fairview	✓
UCare Medicare Plans, UCare Medicare with M Health Fairview and North Memorial, UCare Advocate (I-SNP), EssentiaCare	
Minnesota Senior Health Options (MSHO)	
UCare Prepaid Medical Assistance (PMAP), MNCare	
Connect	
Connect +Medicare	
MSC +	

**Benefit Category:**

DURABLE MEDICAL EQUIPMENT

**Definitions**

**Gradient Compression Stockings** are made in multiple compression support levels. *Not all levels are considered eligible for coverage.*

- 15-20 mmHg
- 20-30 mmHg
- 30-40 mmHg\* *see below under covered*
- 40-50 mmHg\* *see below under covered*
- Elastic covering for the foot, ankle or leg that places firm, even pressure on an extremity.
- External compression reduces swelling and increases the velocity of blood flow in both superficial and deep veins
- Graduated compression stockings exert more pressure at the ankle and pressure gradually decreases proximally to permit venous return.
- Used to manage edema, preventing deep vein thrombosis (DVT) of the leg and in the treatment of varicose veins.

**Medical grade compression garments**

- Prefabricated ready-made garments are generally produced using a circular knit material.
  - Circular knit fabrics do not have a seam and can be produced using finer and sheerer materials.
- Custom made garments are generally made from flat knit material.
  - Higher levels of pressure (>50mmHg) can only be achieved with flat knit garments.
  - Flat knit garments are denser but provide a more precise fit, but because of their construction when stretched over a limb there are more holes for the skin to breath

**Gradient Compression Wrap**

- A gradient compression wrap or a non-elastic gradient compression wrap is used in the treatment of an open venous stasis ulcer.
- Used to treat lymphedema in the extremities

**Coverage Policy****COVERED**

- Must be prescribed by a health care provider and be part of a treatment plan
- Provided by contracted, in-network DME vendor
- Four (4) garments per affected limb (leg or arm) ***per calendar year.***
  - When *both* legs or arms are affected, 4 pairs are covered (8 total) ***per calendar year.***
  - When only one leg or arm is affected, 2 pairs – 4 individual stockings – are covered ***per calendar year.***

- Conditions for which compression stockings and wraps (prefabricated or custom made) may be indicated include, but are not limited to, the following:
  - Atherosclerosis
  - Congestive heart failure
  - Lymphedema
  - Orthostatic hypotension
  - Peripheral edema
  - Stasis dermatitis
  - Thrombophlebitis
    - Including phlebitis of superficial and deep vessels of lower extremities
    - Including superficial and deep thrombophlebitis in pregnancy
    - Varicose veins
  - Venous insufficiency
  - Venous ulcers (also referred to as stasis ulcers)
- Compression / lymphedema bandages are covered for intractable lymphedema of the extremities.
  - Bandages & compression garments may be covered at the same time if necessary
  - Stocking liners, when used for ulcer care
- Gradient compression stockings, any length, **30mmHg-50mmHg\***
- Medical grade prefabricated or custom-made compression support garments, such as JOBST, Medi Strumpf
  - Ordered by a physician and the garments are used for:
    - Burn patients to decrease contractures
    - Treatment of post-mastectomy lymphedema
  - Miscellaneous items, such as garters, zippers or adhesive lotions are covered when deemed essential to the use of the garment.

#### **INDICATIONS THAT ARE NOT COVERED**

- Gradient compression stockings, any length, **8-30 mm HG**
- Over the Counter (OTC) support hose/stockings/garments (e.g., medical support hose, fabric supports, elastic stockings with no degree of pressure, surgical leggings)
- Items which are primarily for comfort, convenience or recreation are excluded from coverage.
- Compression Garments when used to decrease scarring for cosmetic purposes.
- Compression garments for the abdomen, chest, genitals, trunk, or neck for any indication other than burns or post-mastectomy lymphedema.

**CPT/ HCPCS/ICD-10 Codes** \*Note: If available, codes are listed below for informational purposes only, and do not guarantee member coverage or provider reimbursement. This list may not be all-inclusive.

CPT®, HCPCS or ICD-10 CODES	MODIFIER	NARRATIVE DESCRIPTION
A6531	LT/RT	Gradient compression stocking, below knee, 30-40 mm Hg, each
A6532	LT/RT	Gradient compression stocking, below knee, 40-50 mm Hg, each
A6534	LT/RT	Gradient compression stocking, thigh length, 30-40 mm Hg, each
A6535	LT/RT	Gradient compression stocking, thigh length, 40-50 mm Hg, each
A6537	LT/RT	Gradient compression stocking, full length/chap style, 30-40 mm Hg, each
A6538	LT/RT	Gradient compression stocking, full length/chap style, 40-50 mm Hg, each
A6540		Gradient compression stocking, waist length, 30-40 mm Hg, each
A6541		Gradient compression stocking, waist length, 40-50 mm Hg, each
A6544		Gradient compression stocking, garter belt
A6545		Gradient compression wrap, nonelastic, below knee, 30-50 mm Hg, each
A6549		Gradient compression stocking, not otherwise specified (code requires submission of invoice for payment)
S8420		Gradient pressure aid (sleeve and glove combination), custom made
S8421		Gradient pressure aid (sleeve and glove combination), ready made
S8422		Gradient pressure aid (sleeve), custom made, medium weight
S8423		Gradient pressure aid (sleeve), custom made, heavy weight
S8424		Gradient pressure aid (sleeve), ready made
S8425		Gradient pressure aid (glove), custom made, medium weight
S8426		Gradient pressure aid (glove), custom made, heavy weight
S8427		Gradient pressure aid (glove), ready made
S8428		Gradient pressure aid (gauntlet), ready made
S8429		Gradient pressure exterior wrap

\*CPT is a registered trademark of the American Medical Association.

**Prior Authorization**

Not required

**Related Policies and Documentation****REFERENCES TO OTHER POLICIES OR DOCUMENTATION THAT MAY BE RELEVANT TO THIS POLICY.**

<b>POLICY NUMBER</b>	<b>POLICY DESCRIPTION</b>
CP-IFP21-006A	Durable Medical Equipment (DME)
CP-IFP21-0020A	Pneumatic Compression and Lymphedema Pumps

**References and Source Documents****LINKS TO UCARE CONTRACT, CMS, MHCP, MINNESOTA STATUTE AND OTHER RELEVANT DOCUMENTS USED TO CREATE THIS POLICY.**

2021 Individual & Family Plans Member Contract  
<https://home.ucare.org/en-us/health-plans/ifp/benefit-documents/>

**Coverage Policy Development and Revision History**

<b>VERSION</b>	<b>DATE</b>	<b>NOTE/S</b>
V1	12/01/2021	New policy